

Fold in half, paste together and cut out!

Fold Here



**HORTON**  
ORTHODONTICS  
KIDS CLUB

## How To BRUSH:



1.

FLOSS TO CLEAN  
IN BETWEEN  
EVERY TOOTH.

2.

APPLY TOOTHPASTE:  
RICE-SIZED AMOUNT FOR  
KIDS 6 & UNDER, PEA-SIZED  
AMOUNT FOR KIDS 6 & UP



3.

BRUSH IN SMALL,  
CIRCULAR MOTIONS—  
DON'T FORGET TO  
BRUSH YOUR GUMS!

4.

BRUSH FRONT,  
BACK, AND TOP  
OF EVERY TOOTH.



5.

BRUSH YOUR TONGUE.

6.

SPIT EXCESS  
TOOTHPASTE OUT  
BUT DO NOT RINSE.



(651) 738-9060  
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There is a  
daredevil bird  
called the  
crocodile bird  
who flies into  
the open mouth of  
a crocodile and  
**cleans**  
the croc's teeth!



Giraffe tongues  
are so long that  
they can stick  
them out and  
clean their ears  
with them!  
**Yuck!**



A snail's mouth has over  
**25,000 teeth!**  
Imagine having to  
brush all of them!

Elephant tusks are  
the longest teeth  
in the world!  
They  
can  
weigh  
over  
**400**  
**pounds!**



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